

# Week 6 - How to Start Fresh

## **GROUP QUESTIONS**

- When's the last time you started a project only to mess up or get stuck part way through and half to start from scratch?
- Do you remember what it was like when you first started following Jesus? What were you doing and feeling then?

#### Read Nehemiah 8:1-5

- What are your core, foundational, go-to practices for following Jesus?
   The 'four walls' of a disciple are; God's Word, Prayer, Community, and Service.
- Where do you see 'cracks' in your foundation?

### Read Nehemiah 9:1-3 & James 5:13-16 & 1 John 1:8-9

- What does it mean to confess our sins to God? Why should we do this even though we know God already knows?
- Why is it important to find someone trustworthy we can confess our sins to as well?
- According to 1 John what happens when we confess our sins to God?

#### Read Nehemiah 9:38

- What commitment do you think you need to make for the next season of life?
- Who could you ask to come alongside of you to pray for you and support you in your commitment? Who could you come alongside to pray for and support in their commitment?

### Read Acts 3:19

Confession is an acknowledgment of sin in our lives. Repentance is the spiritual, physical, and mental act of not merely turning away from the sin, but also turning towards Jesus and His way of life. In other words we don't just remove sin from our lives, but we fill our lives with more of Jesus. Because of this repentance leads to refreshing.

• How have you been refreshed by confronting sin and choosing more of Jesus instead?

## **NEXT STEPS**

## **OUTREACH - LVWKND**

For more info on December's Outreach head to outreach.ligthhouse.church/lvwknd!

#### **GROWTH TRACK**

Growth Track guides you to discover your redemptive purpose and live the life God designed for you. Register at light-house.church/growth-track

#### **TESTIFY**

Tell someone about how Jesus has changed your story, and let us know too! - stories@lighthouse.church

Also - Check out the brand new Testify Podcast - lh.church/testifypodcast and hear stories of Jesus changing everything!

### **BAPTISM**

Interested in getting baptized or learning more about it? Let us know at lh.church/baptism!