

WHAT IF?

LH Groups exist to fulfill the mission of the church to Reach the Lost & Make Disciples. We do this primarily through Connecting People & Strengthening their Faith.

Connecting People - You shouldn't have to do life alone. We were made to connect, and we want to connect you to Jesus, and to others on the same path as you.

Strengthening Faith - It's ok to not be ok, we just can't stay there. We want to create opportunities for you to step out in faith in pursuit of Jesus and His will for your life.

STORIES

We love stories of how Jesus is changing lives through Groups! If you have a story of Jesus working in you or your group send it to us at groups@lighthouse.church.

UPCOMING

Outreach

Contributing is a privilege, and it's a privilege we want everyone to share in. So don't forget to plan your group's outreach project this semester! This could be your chance to take one step closer to Jesus this Spring! Ask your group leader for more info.

Growth Track

Want to make Growth your Goal this year? Then don't forget to register for Growth Track - lighthouse.church/growth-track
Where you can grow in following Jesus, discovering your purpose and activating your gifts.

What If?

PERSONAL REFLECTION

- What are the what-ifs that you are putting your faith in?
- How do these fears reveal what you value the most? How about where you trust God the least?
- What steps could you take to turn your faith from a trust in the what-ifs to a trust in God's promises?
- What does it look like for you to give your cares to God, and not pick them back up?

GROUP QUESTIONS

Read Proverbs 12:25 & 2 Timothy 1:5-7

- When have you experienced feeling weighed down by anxiety?
- What do you make of the idea that fear is not the opposite of faith but it is putting faith in the wrong things?
- Why is it so important to remember that fear is not from God. What has He given us instead?

Read Matthew 6:25-34

- What are the fears that Jesus addresses in this passage? Are they bad things to care about? What is the heart of what Jesus is addressing here?
- Why are people buying so much toilet paper?
- How can you follow the advice of Matthew 6:33 and Isaiah 26:3 in regard to the anxieties of this day and age? What steps can you take today to start living that way?

Read Philippians 4:4-7

- Where does Paul's advice about dealing with fear and anxiety start? What does that look like today?
- Who and what can you be praying for as you put your faith/trust in God?
- What does Paul promise will happen as we rejoice in the presence of God and pray about all things?

MEMORY VERSE

Rejoice in the Lord always; again I will say, rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

- **Philippians 4:4-7**